

Chain Reaction Cycling Club

2017 Risk Management Plan

Introduction:

Cycling can be a dangerous activity. The Chain Reaction Cycling Club (CRCC) has developed this Risk Management Plan to document how CRCC rides are to be managed to reduce risks associated with cycling activities. These policies are to be practiced by CRCC members, and any visiting riders as permitted by Ontario Cycling Association rules, during every CRCC ride. All CRCC members, and any permitted visiting riders, share the responsibility for making CRCC rides as safe as possible. Each CRCC member shall read and become familiar with the Risk Management Plan.

Definitions:

CRCC Rides — rides formally organized by the CRCC and as identified/listed on the CRCC website.

CRCC Insurance — as a condition of membership in CRCC, each member of the CRCC annually purchases General Liability and Sport Injury Insurance coverage through the Ontario Cycling Association (OCA).

- General Liability and Sport Injury Insurance is designed to protect a person (member) or any other entity (including without limitation the OCA, the CRCC, or Cycling Canada) against any legal responsibility arising out of a negligent act or failure to act as a prudent person would have acted, which results in bodily injury or property damage to another party.
- CRCC members should familiarize themselves with the terms of the insurance coverage. The coverage details may be accessed through the OCA website at <http://www.ontariocycling.org>
- When joining the CRCC through online registration and the CCN website, each CRCC member acknowledges and agrees to the terms of the insurance waiver listed there. Membership is not assigned or granted until an acknowledgement of

the acceptance of all terms of the waiver has been received by CCN and confirmed by CCN to the CRCC.

Standards of Care — this Risk Management Plan and all CRCC programs and rides shall adhere to the following, as applicable:

- CCA and OCA rules and regulations as they pertain to the CRCC club
- Ontario Highway Traffic Act — While on CRCC Rides, all CRCC members must adhere to and obey all Rules of the Road as per the Ontario Highway Traffic Act and local by-laws related to cycling and road ways.

Risk Management General

- All members of the CRCC are responsible for bringing forward to the Chain Reaction directors, any safety issues related to CRCC Rides that present themselves throughout the riding season.
- While on CRCC Rides, all CRCC members must know, adhere to, and obey all Rules of the Road as per the Ontario Highway Traffic Act and local by-laws. Members must familiarize themselves with the Rules of the Road.
- Any CRCC member on an CRCC Ride should immediately advise the ride leader and other members of the ride should the member feel the group or individuals in the group are riding in an unsafe manner. The member should withdraw from the ride if they feel unsafe.
- All riders participating in CRCC rides will abide by CRCC's riding rules and cycling etiquette. Riders that do not obey the CRCC's rules may be sanctioned from riding and could be removed from the CRCC.
- Each CRCC Ride participant will conduct her/himself in a responsible manner and remains liable for his/her own actions.

Safety and Equipment

- A CSA approved helmet must be worn on all CRCC Rides. No person shall participate in an CRCC Ride without a suitable helmet. CRCC strongly encourages all members to have front and rear lights turned on for all rides (including day and evening rides) and to comply with all local by-laws and the Ontario Highway and Traffic Act.
- CRCC members are responsible for ensuring that their bicycle is in good working order before attending each CRCC Ride. All members must have a drop handle road bike (no aero or flat bars permitted) for road rides.
- CRCC members participating in any CRCC Ride are encouraged to carry their own cell phones on CRCC Rides. Riders should immediately call 911 in the event of an emergency.

Ride Leaders

- At the starting location for every CRCC Ride, a ride leader will identify himself/herself to the group so that everyone is aware of the person who is leading the ride. The ride leader will describe the general ride route and may provide brief safety tips at the commencement of the ride.
- The Ride leader has the final decision on all matters pertaining to the CRCC Ride and all participants must respect his/her decisions.
- Ride Leaders are generally experienced members of the Club who may assist on individual CRCC group rides.
- The Ride Leader works to keep the groups to a safe size and moving effectively.
- Ride Leaders may also provide other members with useful tips and advice if / where appropriate.

Rides

- CRCC Rides will be planned to use less-traveled roads where possible and practical.

- When a large group of riders come out for any given CRCC Ride, the ride coordinator will encourage the riders to break into and maintain smaller groups. A group of 8-14 riders is a reasonable group size.
- Groups of riders should be at least 100 metres apart on the road to allow other vehicles to pass safely in two manoeuvres.
- CRCC members are responsible for ensuring they are sufficiently fit for their desired activity.
- CRCC members are responsible for bringing sufficient liquids and food, as required, for each CRCC Ride, as well as appropriate tools/spare tubes, etc.
- CRCC members are not to be under the influence of any drug or alcohol product that could impair their riding skills or judgment while on an CRCC Ride.

Ride Cancellation or Leaving a Ride

- CRCC Rides will be cancelled if inclement weather is deemed to jeopardize the safety of the riders.
- Riders must not be left behind during an CRCC Ride unless they first confirm with the ride leader that they are detaching from the group.
- All members of the CRCC Ride are responsible for ensuring they properly notify the ride leader if they are detaching from the group.

Accidents

- Any and every accident on a CRCC Ride shall be immediately reported to a ride leader and Chain Reaction director to be reported to the Ontario Cycling Association (OCA) through the proper reporting procedures and forms provided by the OCA.

Visiting Riders

- For non-CRCC riders wishing to participate in a CRCC Ride due to OCA requirements, production of a valid, current OCA card and photo ID is required.

No more than a one-time visitor ride will be permitted before needing to register as a CRCC member. Visitors will need permission from the ride leader/directors before participating.

- The CRCC encourages all riders to be comfortable and proficient with group riding skills before joining a CRCC ride.